

March newsletter



Autumn shows us how
beautiful it is to let
things go.

www.Loving.com



Gardening Update



What beautiful produce we got from the last of our summer crops. Thanks to Bunnings Warehouse Hastings Central for donating us more seedlings to plant our autumn/winter crops.

Peninsula Rotary 2.0 Duck Derby



We are so excited to have won 1st place for the Rotary award in the Frankston Waterfront Festival Duck Derby.

Our corporate duck did amazing in the race and so much effort from members went into decorating our Kindred duck.

All proceeds from the race will go towards purchasing defibrillators for the Frankston foreshore.

We are very grateful for Rotary's ongoing support and to be a part of this amazing community event.

Market Day Fundraiser



A big thank you to everyone who took part in our Market Day fundraiser. Thanks to Paul Mercurio, MP for stopping in and always supporting our efforts. We appreciate all the community support from the stall holders and our members for their hard work in helping to organise the day.

March Menu

Wednesday 5th - Rolls
Thursday 6th - Pasta Dish
Friday 7th - Friday Free Choice
Saturday 8th - BBQ

Wednesday 12th - Rolls
Thursday 13th - Pasta Dish
Friday 14th - Friday Free Choice
Saturday 15th - Pizza

Wednesday 19th - Rolls
Thursday 20th - Pasta Dish
Friday 21st - Friday Free Choice
Saturday 22nd - BBQ

Wednesday 26th - Rolls
Thursday 27th - Pasta Dish
Friday 28th - Friday Free Choice
Saturday 29th - BBQ

March Birthdays

**Michelle (Chook) -
15th**

Josh- 16th

**March Birthday Celebrations
Wed March 12th 1:00pm**





March Events

Thur March 13th 12pm: Ambulance
Victoria visit

Fri Mar 14th @11am: Brotherhood of
St Laurence visit NDIS

Thur Mar 20th: Deakin Research
Workshop (all day) all members
welcome and encouraged to attend

Transport

We offer a bus service between Frankston and Hastings in our 12 seater bus. Pick up and drop off is the bus shelter in the parking behind Frankston station at the following times.

Wednesday - Friday

9.20am/3pm

Saturday

9.20am/2pm





24/7 Mental Health Services




Is it an emergency?

If you or someone you know is at immediate risk of harm, call **triple zero (000)**

Suicide Call Back Service

Anyone thinking about suicide

 suicidecallbackservice.org.au

 1300 659 467

Lifeline


Anyone having a personal crisis


 lifeline.org.au

 13 11 14

Beyond Blue


Anyone feeling anxious or depressed


 beyondblue.org.au

 1300 22 4636

Kids Helpline

Counselling for young people aged 5 to 25

 kidshelpline.com.au

 1800 55 1800

MensLine Australia


Men with emotional or relationship concerns

 mensline.org.au

 1300 78 99 78

Open Arms


Veterans and families counselling

 openarms.gov.au

 1800 011 046

13YARN

Aboriginal and Torres Strait Islander people

 13yarn.org.au

 13 92 76



CONTACT US



Stef and Caryl are available to answer calls or texts during the following hours only:

Wednesday - 9am - 5pm

Thursday 9am - 5pm

Friday 9am - 5pm

Saturday 9am - 2pm

You are welcome to leave a voicemail and we will get back to you during work hours.

Stefanie - 0435 086 729

Caryl - 0434084432